

## COUNTY OF ORANGE HEALTH CARE AGENCY

## PUBLIC HEALTH EPIDEMIOLOGY & ASSESSMENT

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Measles Outbreak Update - January 23, 2015

Measles has now been confirmed in 23 Orange County (OC) residents, signaling ongoing transmission in the community and at the Disneyland Parks. Additional cases are expected in Orange County. For more information on clinical presentation, infection control, reporting, and testing, please see our previous alert dated January 21, 2015, available at <a href="https://www.ochealthinfo.com/measles">www.ochealthinfo.com/measles</a>.

## Vaccination is critical to prevent the ongoing spread of disease.

• Persons ≥ 12 months of age who do not have presumptive evidence of immunity against measles should be vaccinated as soon as possible.

## Presumptive evidence of immunity (at least one of the following):

- o Written documentation of adequate vaccination
  - One or more doses of measles-containing vaccine administered on or after the first birthday for preschool-age children and adults not at high risk\*
  - Two doses of measles-containing vaccine for school-age children and adults at high risk, including college students, healthcare personnel, and international travelers
- o Laboratory evidence of immunity
- o Laboratory confirmation of measles
- o Birth in the United States before 1957.

Measles Vaccination and Post-Exposure Prophylaxis (PEP) Recommendations

Age Range	Vaccination Recommendation	PEP Recommendation
0-5 months	Do not give MMR	Immunoglobulin (IG) should be given within 6
		days of exposure to help prevent infection.
6-11 months	MMR not recommended unless	<u>Unvaccinated</u> : IG should be given within 6 days
	international travel planned. If dose	of exposure to help prevent infection. MMR can
	given at this age, dose must be repeated	be given in place of IG, if within 72 hours of
	at 12-15 months age, and then 4-6 years	exposure.
	of age.	<u>Vaccinated</u> : IG may still be recommended
		depending on risk of exposure.
12 months -3 years	At least one dose of MMR is	<u>Unvaccinated</u> : MMR should be given within 72
	recommended. Second dose may be	hours of exposure to help prevent infection.
	given any time $\geq 28$ days after the	<u>Vaccinated, 1 dose</u> : Second dose of MMR may
	first dose.	be given if $\geq 28$ days after the first dose.
4 years – 17 years	Two doses of MMR are recommended,	<u>Vaccinated, 2 doses</u> : No additional doses
	spaced at least 28 days apart.	recommended.
18 years – adults born	At least one dose of MMR is	Evidence of immunity: No PEP recommended.
during or after 1957,	recommended.	No evidence of immunity: MMR should be given
non-high risk*		within 72 hours of exposure to help prevent
Teenagers and adults,	Two doses of MMR are recommended,	infection
high risk*	spaced at least 28 days apart.	
Adults born prior to	MMR not routinely recommended for	Generally thought to be immune due to natural
1957, non-high risk*	this age group, but can be administered.	disease; MMR may be given within 72 hours of
		exposure.
Pregnant women or	Do not give MMR.	Evidence of immunity: No PEP recommended,
severely		unless severely immunocompromised per CDC
immunocompromised		criteria.**
persons	**MMWR Recommendations and	No evidence of immunity: IGIV 400 mg/kg
	Reports 2013:62(RR04);1-34	should be given within 6 days of exposure.

<sup>\*</sup>Persons at high risk for measles exposure include health care workers, students at post-high school educational institutional institutions and international travelers.