



Office of the President

Friday, March 19, 2021

Dear Chargers,

I am writing to share the availability of counseling services for those who are feeling the weight of the recent spate of hate-motivated crimes against members of the Asian and Pacific Islander American (APIA) communities. A little more than a week ago we sent an initial statement of concern for our APIA colleagues and students, and this week, a senseless shooting killed eight people at Asian-owned businesses in Atlanta. We are all horrified by these acts of violence against our APIA community.

We encourage all students seeking support to access our mental health resources, please [visit the Health Center](#) website, or attend our Let's Talk discussions. Let's Talk is available twice weekly: Wednesdays at 12 p.m. and Thursdays at 4 p.m. Access "Let's Talk" via the Health Center Canvas shell (note: to access, log in to Canvas [prior to clicking this link](#)).

Since the onset of the pandemic, 3,795 anti-Asian hate incidents have been reported, according to research conducted by [Stop AAPI Hate](#). The report covers a 12-month period between March 2020 and February 2021. The report finds that verbal harassment accounts for 68% of hate incidents nationally, while physical assaults are up to 11%. Alarming, California is responsible for 45% of the reports – the worst in the United States.

I am proud that Cypress College continues to speak out against all forms of bigotry. As educators, it is our responsibility to ensure that each of you are valued, supported, and empowered by the knowledge we share and the actions we take every day.

Let us continue to make a difference in the lives of one another as we take this journey together.

Buen Cypress,



JoAnna Schilling, Ph.D.
President, Cypress College



Buen Cypress! We Take This Journey Together.

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