
**MONDAY 11/29/2021**

**BREAKFAST SERVED FROM 7:30–11:30 a.m.**

**OPTION #1** English Muffin Sandwich

Bottled water

**OPTION #2** Grab-and-Go Breakfast

Pastry

Yogurt

Apple or Banana

Bottled water

**LUNCH SERVED FROM 11:30 a.m.–2 p.m.**

**OPTION #1** Back-to-basics box lunch

Sandwich or Wrap

Whole fruit

Chips

Fresh-baked cookie

Soft drink or Bottled water

**OPTION #2** Lasagna (Meat or Meatless)

Salad

Garlic Bread

Soft drink or Bottled water

**TUESDAY 11/30/2021**

**BREAKFAST SERVED FROM 7:30–11:30 a.m.**

**OPTION #1** Breakfast Burrito (Meat or No meat)

Bottled water

**OPTION #2** Grab-and-Go Breakfast

Pastry

Yogurt

Apple or Banana

Bottled water

**LUNCH SERVED FROM 11:30 a.m.–2 p.m.**

**OPTION #1** Back-to-basics box lunch

Sandwich or Wrap

Whole fruit

Chips

Fresh-baked cookie

Soft drink or Bottled water

**OPTION #2** Chicken Patty Sandwich

French Fries

Coleslaw

Soft drink or Bottled water

**WEDNESDAY 12/1/2021**

**BREAKFAST SERVED FROM 7:30–11:30 a.m.**

**OPTION #1** Breakfast Croissant Sandwich (Meat or No meat)

Bottled water

**OPTION #2** Grab-and-Go Breakfast

Pastry

Yogurt

Apple or Banana

Bottled water

**LUNCH SERVED FROM 11:30 a.m.–2 p.m.**

**OPTION #1** Back-to-basics box lunch

Sandwich or Wrap

Whole fruit

Chips

Fresh-baked cookie

Soft drink or Bottled water

**OPTION #2** Chicken Teriyaki

Eggroll

Fresh-baked Cookie

Soft drink or Bottled water
**THURSDAY 12/2/2021**

**BREAKFAST SERVED FROM 7:30–11:30 a.m.**

**OPTION #1** Breakfast Bagel Sandwich
Bottled water

**OPTION #2** Grab-and-Go Breakfast
Pastry
Yogurt
Apple or Banana
Bottled water

**LUNCH SERVED FROM 11:30 a.m.–2 p.m.**

**OPTION #1** Back-to-basics box lunch
Sandwich or Wrap
Whole fruit
Chips
Fresh-baked cookie
Soft drink or Bottled water

**OPTION #2** Chicken Burrito
Fresh chips & Salsa
Soft drink or Bottled water

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**FRIDAY 12/3/2021**

**BREAKFAST SERVED FROM 7:30–11:30 a.m.**

**OPTION #1** Breakfast Croissant Sandwich (Meat or No meat)
Bottled water

**OPTION #2** Grab-and-Go Breakfast
Pastry
Yogurt
Apple or Banana
Bottled water

**LUNCH SERVED FROM 11:30 a.m.–2 p.m.**

**OPTION #1** Back-to-basics box lunch
Sandwich or Wrap
Whole fruit
Chips
Fresh-baked cookie
Soft drink or Bottled water

**OPTION #2** Chicken Strips & Fries
Macaroni Salad
Soft drink or Bottled water