

# **DENTAL HYGIENE PROGRAM**

## **CYPRESS COLLEGE**

**The “top ten” skills or abilities for success in this profession and this program:**

1. Critical and analytical (logical) thinking.
2. Manual dexterity – good hand eye coordination (small motor dexterity).
3. Interpersonal communication skills, both listening and speaking (and people skills – empathy)
4. Above average command of English language – writing and speaking skills. Patient charts must be written in English with correct terminology and are legal documents.
5. Organization and focus on importance of duties in correct order – multi-task and ability to stay on task. (Good study habits.)
6. Ethical and honest in all areas of life, professionalism, and good work ethic.
7. Maturity to manage difficult situations and disgruntled patients, and to take responsibility for your own actions. Ability to accept direction and instruction, and acknowledge when incorrect/wrong. To ask for clarification.
8. Motivated, dedicated to learning, with a life long desire to improve/learn. (Prioritize your education as a major investment of yourself for two years).
9. Health care oriented – to see as a challenge the task of taking a bleeding, plaque filled, decay filled mouth and helping educate and motivate the person who lives in that unhealthy oral environment to a state of health. Must be comfortable working in someone’s mouth and in blood...
10. Have the ability to determine what is appropriate behavior and appropriate Actions, know when to ask for directions or when to be self motivated and Take responsibility for actions –initiative.

## Dental Hygiene Program

### The physical requirements for an individual to work in this field;

1. Vision – 20/20 vision with correction, and not color blind.
2. Manual dexterity – full range of motion in hands with all fingers on the dominant hand and the thumb and three fingers on the non-dominant hand. Fine and gross motor dexterity is required. Hyperflexibility of joints may make proper instrumentation very difficult and could possibly cause damage to the hand and or wrist.
3. Posture flexibility – full range of motion in neck and arms, with good posture.
4. Good hand-eye coordination, good hand control
5. Physical stamina – ability to sit for 8-10 hours per day. Ability to move a dental chair around the patient, and to raise and lower chair with the foot – physical maneuverability.
6. Ability to speak to patients – good communication skills
7. Good verbal skills in the English language, good English writing skills.
8. Mental capacity above normal and stable – free of any stress related health concerns (i.e. migraines) or stress related conditions which might hinder clinical judgment or performance (i.e. depression).
9. Good general health – free of communicable diseases or fatigue syndromes.
10. Have use of feet and legs, or will provide extensive equipment modifications for adaptation.
11. Balance – ability to stabilize self in a working position, limits inner ear concerns.

**The test listed below is required for all students prior to clinical rotation.**

**\*Tuberculin Test:** Diagnostic test for Tuberculosis is annual. You must have **the 2 step test**. Positive reactions will be referred for chest x-ray and follow up confirmation of current health status.

**\*HbsAGs:** Test for Hepatitis B, a viral disease affecting the liver contracted through blood borne pathogens. Confirmation of **NO HBeAg** will be required for all Hepatitis B positive students.

**\*Anti HBs:** Antibody test for immunity to Hepatitis B. **Must be completed 2-3 months after 3<sup>rd</sup> Hepatitis B series.**

**\*RPR:** Diagnostic test for Syphilis, reported as reactive or nonreactive.

**\*Rubeola Titer/Rubella Titer:** Test for immunity to measles and Rubella. If you have no immunity, you will be required to be vaccinated with “MMR”. You may also choose to be re-vaccinated and skip the titer. This may be obtained at the Student Health Center.

**\*Varicella Titer:** Test for immunity to chickenpox. If you have no immunity, you will be required to be vaccinated against this virus. Titer can be done at the Student Health Center. If need for vaccination, you will be referred to your private MD.

**\*CBC:** Complete blood count.

**\*Urinalysis:** An analysis of the components of urine.

**The Following Immunizations are Required:**

**Varicella:** Proof of immunity by titer must be submitted or you must be vaccinated.

**MMR:** Proof of immunity by titer must be submitted or you must be vaccinated. Hospitals are requiring this of their employees due to a measles epidemic. MMR may be obtained in the Student Health Center.

**Heptovax or Recombivax (and following with a 2-3 month titer evaluation):** Required for Dental Hygiene and Dental Assisting students. This may be obtained at the Public Health Department or the Student Health Center. Call (714) 527-1453 for details and costs.

**Td (Tetanus-diphtheria):** Should be given every ten years. In case of a serious trauma (within five years of initial vaccine), a “booster” should be administered. This may be obtained in the Student Health Center.

# THE COST OF DENTAL HYGIENE SCHOOL

## REGISTRATION FEES – TWO YEARS

Enrollment Fees	\$46/unit x 56.5 units	\$2,599.00
Health Fees	\$19/semester x 4	\$76.00
Lab Fees (includes malpractice insurance, radiology badges, lab materials)		\$360.00
Non-Resident Fees	\$277/unit x 16.5-56.5 units	\$4,570.5-\$15,560.50
Registration Fee Total		\$3,035.00 - \$18,595.50

## OTHER COLLEGE FEES

AS Benefits	\$7/semester x 4	\$28.00
Campus ID Card	\$2.50/semester x 4	\$10.00
Parking	\$40/semester x 4	\$160.00
Student Representation Fee	\$1/semester x 4	\$4.00
Other College Fees Total		\$202.00

## DENTAL HYGIENE PROGRAM FEES

	FIRST YEAR	SECOND YEAR
Textbooks	\$1,400.00	\$550.00
Instrument Kits A, B & C	A: \$1,800 + B: \$2,000 = \$3,800.00	C: \$2,400.00
SADHA Membership	\$65.00	N/A
Scrubs	\$150.00	\$50.00
Clinic Shoes (rubber sole, full shoe, white or black)	\$50 +	N/A
Lab Coats	\$216.00	\$288.00
Incidentals for Program	\$250.00	\$250.00
CPR for 2 Years	\$50.00	\$50.00 if not covered through boards
CDHA Convention	\$60.00	\$60.00
Table Clinic Registration	N/A	\$75.00
Special Projects	\$150.00	\$150.00 - \$200.00
National Board Exam Review Course	N/A	\$425.00
National Board Exam	N/A	\$450.00
Ethics Exam	N/A	\$50.00
CA State Board Exam or WREB CRDTS	N/A	\$700.00 - \$1,800.00
Malpractice Insurance for State/WREB/CRDTS Exam	N/A	\$100.00
Graduation Pins	N/A	\$65.00
Pinning Ceremony	\$25.00	\$25.00
Graduation	\$20.00 Month = \$120.00	\$20.00 Month = \$120.00
Two Summer Sessions	\$100.00 (non-resident \$200.00)	\$100.00 (non-resident \$200.00)
DH Program Totals	\$6,436.00 - \$6,536.00	\$5,658.00 - \$6,908

*\*All fees may be approximations and subject to change as needed and are not inclusive of all fees.\**

**GRAND TOTAL:**

**\$15,331.00 - \$32,241.50**

Please note that the amount is  
subject to change.