

REFERRALS FOR LOW-COST COUNSELING

Asian Pacific Counseling & Treatment Center

11050 East Artesia Blvd Suite F
Cerritos 90703 (in Los Angeles County)
562-860-8838
<http://www.apctc.org/>

The Center Orange County (LGBT)

1605 N. Spurgeon Street
Santa Ana 92701
714-953-5428
<http://www.lgbtcenteroc.org>

OC ACCEPT (LGBTQ)

2035 E. Ball Road, Suite 100-C
Anaheim, CA 92843
714-517-6100
<http://ocaccept.com>

OCCREW (Orange County Center for Resiliency, Education, Wellness)

792 Town and Country, Building 3
Orange, CA 92868
714-480-5100
<http://ochealthinfo.com/bhs/about/pi/early/crew>

OC PACT (Program for Assertive Community Treatment)

*OC Health Care Agency &
Mental Health Services*
14140 Beach Blvd., Ste 223
Westminster, CA 92683
714-896-7566
<http://orange.networkofcare.org/mh/services/agency.aspx?pid=ProgramforAssertiveCommunityTreatmentPACTWestRegion>

Straight Talk Clinic

5712 Camp Street
Cypress 90630
714-828-2000
<http://www.straighttalkcounseling.org/>

The Gary Center

341 South Hillcrest Street
La Habra 90631
562-691-3263
<http://garycenter.org/>

The Gary Center

SUBSTANCE ABUSE COUNSELING SYSTEMS
1525 E. 17TH St., Ste B
Santa Ana, CA 92705
(714) 542-0400
T & Th 9am-9pm/ W 9am-6:30pm/
F & Sat 9am-5:30pm

FACES (Family Assessment, Counseling & Education Services)

1015 E. Chapman Ave., Ste A
Fullerton, CA 92831
Locations in Santa Ana and Laguna Hills
Also available through this phone
714-447-9024
<http://www.facescal.org/locations.html>

SUICIDE HOTLINES

LOCAL HOTLINES

1-877-727-4747	Southern California Suicide Prevention Center AVAILABLE 24/7
1-877-910-WARM (9276)	The OC Warm Line, Daily, 9:00am –3:00am Emotional Support, Active Listening, Referrals
1-855-952-WARM (9276)	The LA Warm Line, Daily, 10:00pm-6am Accepts call from all over, not just LA
1-855-OC-LINKS (625-4657)	O C LINKS Behavioral Health Information & Referrals

NATIONAL HOTLINES

1-800-273-TALK (8255)	National Suicide Prevention Lifeline VETERAN'S CRISIS LINE
1-800-799-4TTY (4889)	TTY National Suicide/Crisis Line For Hearing and Speech Impaired

WEB RESOURCES

Each Mind Matters – California's Mental Health Movement
<http://www.eachmindmatters.org/>

Know the Signs – Suicide Prevention
<http://www.suicideispreventable.org/>

MENTAL HEALTH EMERGENCY SERVICES

Operated by the Orange County Department of Mental Health Services

Centralized Assessment Team (CAT)866-830-6011

- Crisis team will go out to assess emergency situations
- Available 24 hours/day every day

Evaluation and Treatment Services.....714-834-6900

- Phone assessment
- Will deploy CAT team if necessary
- Available 24 hours/day every day

ONLINE RESOURCES

- www.suicideispreventable.org Know The Signs
- www.eachmindmatters.org (Non-profit Cal MSHA/Prop.63 Funded)
- www.halfofus.com (The Jed Foundation)
- www.ochealthinfo.com/oclinks O C Links
- <http://ccc.kognito.com/> (Available through July, 2015)

DOMESTIC & SEXUAL VIOLENCE RESOURCES

- Cypress College Campus Safety 714-484-7387
Cypress College Health Center 714-484-7361 Medical or Counseling Needs
- Rape Hotline 1-800-585-6231
- Domestic Violence Hotline 714-935-7956
- CSP Victim Services Orange County 714-957-2737
- www.calcasa.org California Coalition Against Sexual Assault (CALCASA)
- www.nsvrc.org National Sexual Violence Resource Center (NSVRC)
- www.rainn.org Rape, Abuse and Incest National Network (RAINN)
-

HOTLINES

1-855-OC-LINKS (625-4657)	O C LINKS - Behavioral Health Information & Referrals
1-877-727-4747	Didi Hirsch, MHS, Suicide Survivor Support Services 24-hour Suicide Crisis Line
1-800-SUICIDE (784-2344)	National Hopeline Network
1-800-273-TALK (8255)	National Suicide Prevention Lifeline
1-877-7CRISIS (727-4747)	24/7 Orange County Crisis/Suicide Prevention
1-800-426-4263	24/7 Crisis Line for People with Disabilities:
1-800-799-7233	24/7 Domestic Violence Hotline
1-714-957-2737	24/7 Rape Crisis Hotline
1-714-834-4317	Sexual Assault Victim Services
1-877-910-WARM (9276)	Orange County Warm Line, Daily 8:00 am-midnight

VETERAN'S RESOURCES

- Cypress College Veteran Resource Center 714-484-7150
VETS Crisis Line: 1-800-273-TALK (8255)
Combat Call Center 1-877-927-8387
www.mentalhealth.va.gov/msthome.asp Women's Mental Health Center 562-826-8000, ext. 4919

This list includes only referrals for adults of both sexes. This list is not meant to be a complete list of all counseling available in Orange County